

Ellesmere College Titans Swimming Club Press Release – 28th May 2008

BRITISH OLYMPIC SWIMMER ADDS COACHING EXPERIENCE TO ELLESMERE COLLEGE TITANS SWIMMING CLUB

Darren Mew, one of the fastest 100m breaststroke swimmers in history and a finalist at the 2004 Athens Olympics, has teamed up with the Ellesmere College Titans Swimming Club as their specialist breaststroke consultant coach.

Darren will make regular visits to the Titans to assist in poolside coaching and will throughout the year be on hand to advise upon specialist training strategies.

The Ellesmere College Titans already have a number of the Counties best breaststroke swimmers, including Annie Mellings, who won the 11/u Girls 200m breaststroke gold medal and Alfie Pardoe who won the 10/u Boys 200m breaststroke gold medal at this years County Swimming Championships.

Commenting upon his new role Darren said “The Titans are all about bringing together a group of highly talented and like minded young swimmers and enabling them to bounce their enthusiasm off each other – ultimately keeping the sport goal orientated and enjoyable within an excellent set up. I’m delighted to be involved.”

Titans head coach Jon Pardoe said “Darren is an excellent addition to the coaching set up here at Ellesmere. For young swimmers to have the benefit of one of the greatest breaststroke swimmers in history is a massive boost.”

Further details about joining the Ellesmere College Titans can be found on their website www.ellesmeretitans.co.uk or by telephoning Jon Pardoe on 07903 641668. Further details on scholarships and places at Ellesmere College can be obtained from the College Admissions Secretary on 01691 622321 or by email at admissions.secretary.com

Notes to Editor

The Ellesmere College Titans Swimming Club was established in 2008, as a meeting of minds, between Ellesmere College – a school with a great sporting heritage and the parents of some of the top young swimmers in Shropshire, united in their desire to create an ambitious, positive and competitive swimming club.

The result: A centre of swimming excellence in the heart of the North Shropshire countryside. To maintain this standard the Club adopts and implements a selective membership policy, to ensure that all swimmers share the same goal of achieving swimming success at the highest level. The emphasis is on quality not quantity of swimmers, with the Club limiting its total swimming membership to 28 - ranging from children as young as 8 upwards.

In such an environment a great deal of one to one coaching can be given to individual swimmers, and productive use can be made of underwater video analysis and specialist training equipment

Ellesmere College was founded in 1884 and is part of the Woodard Group – the largest grouping of public schools in the UK. Over the years it has been responsible for producing

some of the British sporting greats including ex-England Rugby captain Bill Beaumont. It is hoped that it will produce the next generation of British swimming greats.

Photos of Darren Mew. 1416; 1419 & 1438

Annie Mellings

Alfie Pardoe

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Issued on behalf of Ellesmere College Titans Swimming Club (The Titans). For further details please contact Jon Pardoe on 07903 641668 or email jonpardoe@hotmail.co.uk. Further details on scholarships and places at Ellesmere College can be obtained from the College Admissions Secretary on 01691 622321 or by email at admissions.secretary.com

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