

YOUNG TITANS SHINE AT MIDLAND SWIMMING CHAMPIONSHIPS

At the 2009 Midland Age Group Swimming Championships, which were held in Coventry over the first two weekends in June, Ellesmere College Titan swimmers Alfie Pardoe and James Wilson, both aged 11, won a bronze medal apiece and came joint 7th in the overall points table. Both qualified for the British Age Group Championships which are being held in Sheffield in July.

Swimming against the best young swimmers in the Midlands which comprises of the ten counties of Shropshire, Lincolnshire, Leicestershire, Staffordshire, Derbyshire, Nottinghamshire, Northamptonshire, Warwickshire, Herefordshire and Worcestershire - Alfie and James swam their way to a combined total of ten personal best and 4 British National Championship qualifying times.

In the 11/u boys 200m backstroke Alfie secured the bronze medal in a time of 2:39.87 – the thirteenth fastest Long Course time recorded this year by an 11 year old anywhere in the UK. Alfie also came 4th in the 400m Individual Medley (IM), 6th in the 200m & 400m freestyle and 6th in the 200m IM.

Not to be out-gunned by his teammate James Wilson produced a spectacular swim in the 100m freestyle to take the bronze medal in a new personal best time of 1:07.41. James also finished 5th in the 400m IM and 200m freestyle, 4th in the 400m freestyle and 7th in the 200m IM.

Commenting upon their success Titan head coach Jon Pardoe said “I’m delighted for both James and Alfie. In our first season since we started the club back in June 2008 we have secured four British National Championship qualifying times and James and Alfie are two of only three swimmers aged 11 or under in Shropshire to have qualified”.

Other young Ellesmere College Titan swimmers in action at the Midland Championships included Elliot Hughes and Hannah Greene, both aged 12.

Further details about joining the Ellesmere College Titans can be found on their website www.ellesmerecollegetitans.co.uk or by telephoning Jon Pardoe on 07903 641668. Further details on scholarships and places

at Ellesmere College can be obtained from the College Admissions Secretary on 01691 622321 or by email at admissions.secretary@ellesmere.com.

Photo: 004 = Alfie Pardoe and James Wilson holding their Midland Championship bronze medals and overall Joint 7th place trophy.

Notes to Editor

The Ellesmere College Titans Swimming Club was established in 2008, as a meeting of minds, between Ellesmere College – a school with a great sporting heritage and the parents of some of the top young swimmers in Shropshire, united in their desire to create an ambitious, positive and competitive swimming club.

The result: A centre of swimming excellence in the heart of the North Shropshire countryside.

To maintain this standard the Club adopts and implements a selective membership policy, to ensure that all swimmers share the same goal of achieving swimming success at the highest level. The emphasis is on quality not quantity of swimmers, with the Club limiting its total swimming membership to 24 - ranging from children as young as 8 upwards.

In such an environment a great deal of one to one coaching can be given to individual swimmers, and productive use can be made of underwater video analysis and specialist training equipment

Ellesmere College was founded in 1884 and is part of the Woodard Group – the largest grouping of public schools in the UK. Over the years it has been responsible for producing some of the British sporting greats including ex-England Rugby captain Bill Beaumont. It is hoped that it will produce the next generation of British swimming greats.

Issued on behalf of Ellesmere College Titans Swimming Club (The Titans). For further details please contact Jon Pardoe on 07903 641668 or email jonpardoe@hotmail.co.uk. Further details on scholarships and places at Ellesmere College can be obtained from the College Admissions Secretary on 01691 622321 or by email at admissions.secretary@ellesmere.com

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