

## **ELLESMERIAN WINS SILVER IN THE POOL**

At last weekends prestigious City of Liverpool Swimming Meet Ellesmere College Titan Daniel Howell, aged 15, from Lakelands School in Ellesmere won the silver medal in the 200m breaststroke in a new personal best time of 2:59.95.

Daniel was competing against some of the best swimmers in the North West and Midlands and has now moved up into second place in the Shropshire County rankings.

Commenting upon his success Daniel said "I can't believe the progress I've made in just six months since joining the Titans from my previous club Oswestry Otters. I'm once again really enjoying my swimming and have an inner belief that anything is now possible"

Titan head coach Jon Pardoe commented "I'm absolutely delighted for Daniel. He has come on leaps and bounds and is a real credit to the club. I'm confident that he can continue to make significant improvements".

Other Titan swimmers who were in action at the Liverpool meet included Elliot Hughes (aged 12), Alfie Pardoe (aged 11), JamieThomas (aged 11), Hannah Greene (aged 12) and Annie Mellings (aged 12).

By the end of the weekend 24 personal best times had been smashed, and 11 all time Titan club records had been broken.

Further details about joining the Ellesmere College Titans can be found on their website [www.ellesmerecollegetitans.co.uk](http://www.ellesmerecollegetitans.co.uk) or by telephoning Jon Pardoe on 07903 641668. Further details on scholarships and places at Ellesmere College can be obtained from the College Admissions Secretary on 01691 622321 or by email at [admissions.secretary@ellesmere.com](mailto:admissions.secretary@ellesmere.com).

**Photo: 1) Daniel Howell holding his200m breaststroke silver medal**

### **Notes to Editor**

The Ellesmere College Titans Swimming Club was established in 2008, as a meeting of minds, between Ellesmere College – a school with a great sporting heritage and the parents of some of the top young swimmers in Shropshire, united in their desire to create an ambitious, positive and competitive swimming club.

The result: A centre of swimming excellence in the heart of the North Shropshire countryside.

To maintain this standard the Club adopts and implements a selective membership policy, to ensure that all swimmers share the same goal of achieving swimming success at the highest level. The emphasis is on quality not quantity of swimmers, with the Club limiting its total swimming membership to 24 - ranging from children as young as 8 upwards.

In such an environment a great deal of one to one coaching can be given to individual swimmers, and productive use can be made of underwater video analysis and specialist training equipment

Ellesmere College was founded in 1884 and is part of the Woodard Group – the largest grouping of public schools in the UK. Over the years it has been responsible for producing some of the British sporting greats including ex-England Rugby captain Bill Beaumont. It is hoped that it will produce the next generation of British swimming greats.

Issued on behalf of Ellesmere College Titans Swimming Club (The Titans). For further details please contact Jon Pardoe on 07903 641668 or email [jonpardoe@hotmail.co.uk](mailto:jonpardoe@hotmail.co.uk). Further details on scholarships and places at Ellesmere College can be obtained from the College Admissions Secretary on 01691 622321 or by email at [admissions.secretary@ellesmere.com](mailto:admissions.secretary@ellesmere.com)

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