

## **Ellesmere College Titans Swimming Club Press Release – 27<sup>th</sup> April 2011**

### **Hector Smashes British Records**

On Easter Sunday at the Ponds Forge International Pool, Sheffield, Hector Pardoe, age 10, of Ellesmere College Titans, smashed the all time 10/u British 1500m Freestyle Long Course record in a time of 19:17.94.

Despite only having turned 10 a few weeks ago, Hector took nearly 10 seconds off the previous record of 19:27.73, which had been set back in 2009. This record adds to the 800m and 400m Freestyle and 200m Backstroke Long Course British Age Group Ranking records that Hector has previously set in the 9/u age category.

Commenting on his new record Hector said “After the race I felt fantastic – it’s great to get the record so soon after turning 10.”

Hector is part of the highly successful Ellesmere College Titans training programme which enables some of the top young swimmers from all over the UK to train together whilst balancing their sporting and educational needs.

On the 19<sup>th</sup> June 2011 the Ellesmere College Titans will be holding an Open Day for their Foundation and Junior Development Squads to which young local swimmers age 6-11 are welcome to attend. Details can be found on their website [www.ellesmerecollegetitans.co.uk](http://www.ellesmerecollegetitans.co.uk).

Photograph: Hector Pardoe.

Further details about joining the Ellesmere Titans can be found on their website [www.ellesmerecollegetitans.co.uk](http://www.ellesmerecollegetitans.co.uk) or by telephoning Jon Pardoe on 07903 641668. Further details on scholarships and places at Ellesmere College can be obtained from the College Admissions Secretary on 01691 622321 or by email [registrar@ellesmere.com](mailto:registrar@ellesmere.com).

### **Notes to Editor**

The Ellesmere College Titans Swimming Club was established in 2008, as a meeting of minds, between Ellesmere College – a school with a great sporting heritage and the parents of some of the top young swimmers in Shropshire, united in their desire to create an ambitious, positive and competitive swimming club.

The result: A centre of swimming excellence in the heart of the North Shropshire countryside.

To maintain this standard the Club adopts and implements a selective membership policy, to ensure that all swimmers share the same goal of achieving swimming success at the highest level. The emphasis is on quality not quantity of swimmers, with the Club limiting its total swimming membership to 40 - ranging from children as young as 8 upwards.

In such an environment a great deal of one to one coaching can be given to individual swimmers, and productive use can be made of underwater video analysis and specialist training equipment. Ellesmere College was founded in 1884 and is part of the Woodard Group – the largest grouping of public schools in the UK. Over the years it has been responsible for producing some of the British sporting greats including ex-England Rugby captain Bill Beaumont. It is hoped that it will produce the next generation of British swimming greats.

Issued on behalf of Ellesmere College Titans Swimming Club (The Titans). For further details please contact Jon Pardoe on 07903 641668 or email [jonpardoe@hotmail.co.uk](mailto:jonpardoe@hotmail.co.uk). Further details on scholarships and places at Ellesmere College can be obtained from the College Admissions Secretary on 01691 622321 or by email at [admissions.secretary@ellesmere.com](mailto:admissions.secretary@ellesmere.com)

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