

Ellesmere College Titans Swimming Club Press Release – 27th February 2009

YOUNG TITAN WINS NORTH WALES TOP SWIMMING AWARD

At the recent North Wales Swimming Championships Ellesmere College Titan James Wilson, aged 11, was awarded the overall top 9-11 boys trophy.

The 2009 North Wales Annual Swimming Championships took place at the Llandudno Swimming Centre over the weekends of the 7th/8th and 14th/15th February. James from Eyton, Near Wrexham, was competing against the best young swimmers in North Wales from more than 20 Swimming Clubs. In securing the top award he picked up a total of 4 gold, 5 silver and 2 bronze medals - recording Personal Best times and Ellesmere College Titan Age Group Club Records in the 100m freestyle (1:06.67); the 800m freestyle (10:30.80); the 100m breaststroke (1:32.99) and the 200m Individual Medley (2:48.48).

Commenting upon his success James said "I'm absolutely delighted to have won this award. At Ellesmere College I'm swimming with some of the best young swimmers in the UK and I've developed an inner belief that anything is possible".

Titan head coach Jon Pardoe commented "It is great news for both James and the Titans. James has worked hard on both his technique and fitness over the last few months and is a real credit to the club".

Other young Ellesmere College Titan swimmers will be in action this weekend at the Shropshire County Swimming Championships at Market Drayton.

Further details about joining the Ellesmere College Titans can be found on their website www.ellesmerecollegetitans.co.uk or by telephoning Jon Pardoe on 07903 641668. Further details on scholarships and places at Ellesmere College can be obtained from the College Admissions Secretary on 01691 622321 or by email at admissions.secretary@ellesmere.com.

Photo: 1) James Wilson holding his 9-11 years Best Boys trophy and a selection of medals.

Notes to Editor

The Ellesmere College Titans Swimming Club was established in 2008, as a meeting of minds, between Ellesmere College – a school with a great sporting heritage and the parents of some of the top young swimmers in Shropshire, united in their desire to create an ambitious, positive and competitive swimming club.

The result: A centre of swimming excellence in the heart of the North Shropshire countryside.

To maintain this standard the Club adopts and implements a selective membership policy, to ensure that all swimmers share the same goal of achieving swimming success at the highest level. The emphasis is on quality not quantity of swimmers, with the Club limiting its total swimming membership to 24 - ranging from children as young as 8 upwards.

In such an environment a great deal of one to one coaching can be given to individual swimmers, and productive use can be made of underwater video analysis and specialist training equipment.

Ellesmere College was founded in 1884 and is part of the Woodard Group – the largest grouping of public schools in the UK. Over the years it has been responsible for producing some of the British sporting greats including ex-England Rugby captain Bill Beaumont. It is hoped that it will produce the next generation of British swimming greats.

Issued on behalf of Ellesmere College Titans Swimming Club (The Titans). For further details please contact Jon Pardoe on 07903 641668 or email jonpardoe@hotmail.co.uk. Further details on scholarships and places at Ellesmere College can be obtained from the College Admissions Secretary on 01691 622321 or by email at admissions.secretary@ellesmere.com

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